



### Welcome to Nesting

When expecting a baby, you start wondering, planning and questioning. Things are changing and exciting times are ahead. Everything should be ready for the child. It should feel snug and safe in its new home, its nest. That is why Nesting wants to support you in all the new and important decisions on: renovating, furnishing and living together with your baby.

Pregnancy, especially with the first child, brings up a lot of questions: What does the baby need at the beginning? How should the room be furnished? What is suitable for the child? And most importantly: What is healthy for the child?

### Helpful markers

- The Soil Association is the UK's largest and most recognisable trademark for organic products. They set the organic standards for the UK, certificate and inspect organic products to ensure that these standards are adhered to.
- The "EU Flower" is the European Union label for environmental products.
- The "GS" label stands for the safety and technical quality of products. Especially important for toys and children's furniture.
- The "Oeko-Tex Standard 100" is an international certification system for textiles and garments covering all stages of production. Labelled products are tested by independent institutes for an extensive range of harmful substances based on the latest scientific findings and legal regulations. It is a voluntary scheme designed to encourage businesses to market products and services that are kinder to the environment and for European consumers – including public and private purchasers – to easily identify them.
- The "Blauer Engel" (Blue Angel), the classic German eco-label, highlights products and services that have positive environmental and health characteristics with regards to their production and use. Some of these products you can find also in English shops.

It is not always easy to find your way through the many products. Although we will not suggest specific products and brands we will provide you with some helpful tips to create a healthy environment for your child. These labels can help you:

The Department for Environment, Food and Rural Affairs has produced a useful guide to organic labels.

In addition: safety and age related issues can be found at [www.safekids.co.uk](http://www.safekids.co.uk).





### Find your way

There are so many products for children – from furniture to skin care, clothes and toys. But not everything that is available for children is really suitable or appropriate for them, especially for babies. Some products, materials and ingredients, which are actually supposed to make everyday life easier, turn out to be a health risk and even dangerous. And yet, there are so many things to provide you and your baby with a safe and healthy start and accompany you during your enjoyable life together.

On these web pages you will find comprehensive information and tips that can support you during your own nesting process – creating the room and living space for your baby and helping both of you on your first shared steps in your daily lives. And should you not find an answer here, then, please, contact us directly. Enjoy your nesting!